

FRESH SALADS EVERYDAY

EVERYDAY

WATERMELON SALAD Watermelon Chunks	\$ 4.0
FRUIT SALAD Watermelon, Rockmelon, Kiwi, Grapes, Orange, Seasonal Fruits	\$ 4.2
GARDEN Lettuce, Tomato, Carrot, Cucumber, Beetroot, Red Onion	\$ 4.5
SWEET CHILLI CHICKEN Tenders, Lettuce, Tomato, Cheese, Sweet Chilli Mayo	\$ 5.0
CHICKEN CAESAR Chicken Breast, Lettuce, Egg, Bacon, Crouton, Cheese	\$ 5.5
GRANDE GARDEN Avocado, Roasted Capsicum, Salad * PRE ORDER	\$ 5.2
SUMMER CHICKEN Chicken Breast, Roast Capsicum, Salad * PRE ORDER	\$ 5.5
AVOCADO CHICKEN Chicken Breast, Avocado, Salad * PRE ORDER	\$ 5.5
GOURMET YOUR WAY Choose Ham or Roast Beef & Salad * PRE ORDER	\$ 5.5
TUESDAY & WEDNESDAY	
CHICKEN PASTA Chicken Breast, Creamy Spiral Pasta	\$ 4.5
ROAST PUMPKIN, BEETROOT & FETTA With Mixed Lettuce, Red Onion	\$ 5.5
VIETNAMESE NOODLES Chicken Breast, Cucumber, Carrot, Capsicum, Red Onion	\$ 5.5



SANDWICHES EVERYDAY

EGG & LETTUCE	\$ 3.6
SALAD Lettuce, Tomato, Cucumber, Carrot, Beetroot, Red Onion	\$ 3.6
CHICKEN, LETTUCE & MAYO Chicken Breast	\$ 3.6
HAM, CHEESE & TOMATO Premium Ham	\$ 3.6
CHICKEN, CHEESE & TOMATO Chicken Breast	\$ 3.6
HAM SALAD Premium Ham, Salad	\$ 4.0
SWEET CHILLI CHICKEN, LETTUCE & MAYO Chicken Tenders	\$ 4.0
FIFTY FIFTY Half Of Two Different Types Of Sandwich	\$ 4.0
B.L.T Bacon, Lettuce, Tomato * PRE ORDER	\$ 4.0
TUNA Lettuce, Mayo * PRE ORDER	\$ 4.0
ROAST BEEF Salad * PRE ORDER	\$ 4.0

CRUNCHY ROLLS WEDNESDAY

SALAD Lettuce, Tomato, Cucumber, Carrot, Beetroot, Red Onion	\$ 4.5
PULLED BEEF Slow Cooked Beef & Gravy Made Fresh In The Canteen	\$ 5.0
EGG & LETTUCE	\$ 5.0
AVOCADO SALAD Fresh Avocado, Salad * PRE ORDER	\$ 5.0
CHICKEN SALAD Chicken Breast, Salad	\$ 5.0
CHICKEN SCHNITZEL Breast Fillet, Lettuce, Mayo	\$ 5.0
HOT N SPICY CHICKEN Spicy Breast Fillet, Lettuce, Peri Peri Mayo	\$ 5.0
HAM SALAD Premium Ham, Salad	\$ 5.0
ROAST BEEF SALAD	\$ 5.0
SWEET CHILLI CHICKEN Tenders, Lettuce, Sweet Chilli Mayo	\$ 5.0
CHICKEN, LETTUCE & MAYO Chicken Breast	\$ 5.0

The Canteen Uses Natural Breast Chicken In All Salads, Sandwiches, Wraps & Rolls



BREAKFAST EVERYDAY

WHOLE FRUIT PIECES From	\$ 1.0
YOGHURT Vanilla	\$ 3.0
FRUIT SALAD Fresh Seasonal Fruits Large <i>Watermelon Salad</i> \$ 4.0	\$ 4.2
HASH BROWN	\$ 1.0
EGG & CHEESE ROLL	\$ 3.0
BACON ROLL With Sauce	\$ 3.5
BACON & EGG ROLL With Sauce	\$ 3.8
MUFFINS OR BANANA BREAD Assorted	\$ 3.0

TOASTED SANDWICHES & WRAPS

BREAKFAST BEFORE 9AM

\$5.50

CHOOSE ONE + CHOOSE ONE + CHOOSE ONE
 ITEM FROM THE BREAKFAST SECTION WATER 600ML MILK 300ML HASH BROWN FRUIT PIECE

WRAPS EVERYDAY

SALAD Lettuce, Tomato, Cucumber, Carrot, Beetroot, Red Onion	\$ 4.3
CHICKEN Chicken Breast, Lettuce, Mayo	\$ 4.8
SWEET CHILLI CHICKEN Tenders, Lettuce, Cheese, Sweet Chilli Mayo	\$ 4.8
HAM SALAD Premium Ham, Salad	\$ 4.8
CHICKEN CAESAR Chicken Breast, Lettuce, Egg, Croutons, Bacon, Cheese	\$ 5.5
AVOCADO SALAD Fresh Avocado, Salad * PRE ORDER	\$ 5.0
ROAST BEEF All Salad * PRE ORDER	\$ 5.0
CHICKEN, AVOCADO & SALAD Chicken Breast, Salad * PRE ORDER	\$ 5.5

WEDNESDAY
 CRUNCHY BREAD ROLLS REPLACE WRAPS ON WEDNESDAY

EVERYDAY SANDWICH DEAL

\$5

CHOOSE ANY \$3.60 SANDWICH AND WATER 600ML

\$5.50 WITH A \$4 SANDWICH

PIZZA MONDAY

CHEESE Cheese & Sauce	\$ 3.8
PEPPERONI Cheese, Pepperoni & Sauce	\$ 4.0
VEGETARIAN Roast Capsicum, Red Onion, Fetta, Cheddar * Pre Order	\$ 4.0
BBQ CHICKEN Chicken Breast, Cheese, BBQ Sauce	\$ 4.5

SUBS TUESDAY

SWEET CHILLI CHICKEN Tender, Cheese, Sweet Chilli Mayo	\$ 3.6
CHICKEN & GRAVY Chicken Breast, Rich Gravy	\$ 3.6
MEATBALLS Beef Meatballs, Cheese, BBQ Sauce	\$ 4.0

RICE PAPER ROLLS WEDNESDAY

CHICKEN Chicken Breast, Lettuce, Tomato, Carrot, Cucumber	\$ 4.0
SWEET CHILLI Chicken Tender, Lettuce, Carrot, Cucumber	\$ 4.0
TUNA Lettuce, Carrot, Cucumber	\$ 4.0
VEGETARIAN Lettuce, Tomato, Carrot, Cucumber	\$ 4.0

SNACK PACKS & KEBABS

EVERYDAY

SPICY CHICKEN WINGS & WEDGES Wings x 2	\$ 5.0
MONDAY & TUESDAY	
CHICKEN SCHNITZEL SNACK PACK With Wedges Or Salad	\$ 6.0
THURSDAY & FRIDAY	
DONER KEBAB Cheese & BBQ Sauce OR Lettuce, Tomato & BBQ	\$ 6.0
DONER SNACK PACK Authentic Doner Kebab Meat With Wedges Or Salad	\$ 6.8
FISH SNACK PACK Premium Fish Fillet With Chips Or Salad	\$ 6.0

DRINKS EVERYDAY

WATER 600ml	\$ 2.0
OAK FLAVOURED MILK 300ml	\$ 2.4
OAK FLAVOURED MILK 600ml	\$ 3.8
ICED COFFEE 500ml	\$ 4.0
HOT CHOCOLATE	\$ 2.0
SOFT DRINK 375ml No Sugar	\$ 2.4
UP 'N' GO 250ml	\$ 3.0
APPLE OR ORANGE JUICE 100% 350ml	\$ 3.0
MINERAL WATER 500ml	\$ 3.0
ALOE VERA OR ICE TEA 500ml	\$ 3.5
PUMP WATER 750ml	\$ 4.0
SOFT DRINK 600ml No Sugar	\$ 4.2
POWERADE 600ml Zero	\$ 4.2

Cheque / Savings Fee : 20 Cents No Minimum

Debit / Credit Fee : 2.4% No Minimum

Tap N Go Fee : 14 Cents \$5 Minimum

BURGERS

EVERYDAY

CHEESEBURGER Beef, Cheese, Tomato Sauce	\$ 4.6
AUSSIE BEEF Lettuce, Tomato, Beetroot, BBQ Sauce	\$ 4.6
EVERYDAY (SERVED ON A CRUNCHY ROLL \$5 WEDNESDAY *)	
CHICKEN * Breast Fillet, Lettuce, Mayo	\$ 4.6
HOT N SPICY CHICKEN * Spicy Breast Fillet, Lettuce, Peri Peri Mayo	\$ 4.8
THURSDAY	
SWEET CHILLI CHICKEN Tenders x 2, Lettuce, Sweet Chilli Mayo	\$ 4.8
BEEF, BACON & CHEESE BBQ Sauce	\$ 5.4
FRIDAY	
FISH FILLET Lettuce, Your Choice Of Sauce	\$ 4.6
CHICKEN CAESAR Breast Fillet, Bacon, Lettuce, Caesar Dressing	\$ 5.4

HOT BITES

EVERYDAY

SPICY CHICKEN WINGS	\$ 1.2
GARLIC BREAD	\$ 2.0
POTATO WEDGES	\$ 3.0
CUP OF NOODLES Tom Yum - Chicken - Beef - Vegetable	\$ 3.0
HOT DOG With Sauce	\$ 3.0
SAUSAGE ROLL	\$ 3.0
MEAT PIE	\$ 3.5
CHEESE & SPINACH ROLL	\$ 4.0
POTATO PIE	\$ 4.3
TOASTED WRAP - CHICKEN & CHEESE BBQ Sauce	\$ 4.6
TOASTED WRAP - SWEET CHILLI CHICKEN Tenders, Cheese, Sweet Chilli Mayo	\$ 4.6
TUESDAY & WEDNESDAY	
SWEET CHILLI CHICKEN TENDER OR 3 FOR \$5	\$ 1.7
THURSDAY & FRIDAY	
CHICKEN NUGGETS x 5 Extra Nuggets 60c Each	\$ 3.0

MEXICAN EVERYDAY

BEEF NACHOS Beef Sauce & Cheese Sour Cream Add 50c	\$ 5.0
VEGETARIAN NACHOS Fresh Tomato Salsa, Lettuce, Cheese Sour Cream Add 50c	\$ 5.0

PASTA - RICE - NOODLES

EVERYDAY

BUTTER CHICKEN With Steamed Rice	Small \$ 3.5 Large \$ 5.2
CREAMY CHICKEN PASTA Creamy Sauce With Chicken	Small \$ 3.0 Large \$ 4.8
MONDAY	
BOLOGNESE PASTA All New Homemade Beef Sauce	Small \$ 3.0 Large \$ 4.8
TUESDAY	
BOLOGNESE PASTA All New Homemade Beef Sauce	Small \$ 3.0 Large \$ 4.8
LASAGNA Homemade Beef Sauce	\$ 5.8
WEDNESDAY	
MACARONI & CHEESE	\$ 4.8
LASAGNA Homemade Beef Sauce	\$ 5.8
THURSDAY	
MACARONI & CHEESE	\$ 4.8
LASAGNA Homemade Beef Sauce	\$ 5.8
FRIDAY	
BOLOGNESE PASTA All New Homemade Beef Sauce	Small \$ 3.0 Large \$ 4.8